



wellgrove®
Heart Health
OLIVE LEAF EXTRACT
EXTRA STRENGTH
BLAZING AUSTRALIAN GROWN FRESH LEAVES
MINT FLAVOUR
ANTIOXIDANT SUPPLEMENT
This contains Olive Leaf Extract (with 15% EGCG, equivalent to 15g Olive Leaf), concentrated to 150mg Oleuropein and 8.7mg Hydroxytyrosol.
ORAL LIQUID | 500mL | AUST L 312814

Blend with..



wellgrove®
OLIVE LEAF EXTRACT

Wellgrove Olive Leaf Extracts are packed with antioxidants and sustainably made with care, using only fresh, naturally sourced leaves.

PINEAPPLE GINGER-AID SMOOTHIE

SERVES: 2 (makes 480ml)

INGREDIENTS

2 tablespoons (30ml)
Wellgrove **Heart Health** Olive Leaf
Extract Extra Strength* Liquid
1 cup (250ml) filtered water
1/3 cup (80ml) fresh lemon juice
2 teaspoons minced fresh ginger,
plus more to taste
2 large ripe frozen sliced bananas
2 cups (320g) frozen pineapple

OPTIONAL BOOSTERS

1 cup (27g) loosely packed baby spinach
1 tablespoon chia seeds
1 teaspoon maca powder

METHOD

1. Place all the ingredients (including any boosters) into your blender in the order listed
2. Blend on high for 30 to 60 seconds until smooth and frosty. You may have to stop the machine and move the ingredients to get the pineapple to blend in some conventional machines.




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[wellgrovehealth.com.au](https://www.wellgrovehealth.com.au)

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Always read the label. Follow the directions for use.
*Wellgrove Heart Health Extra Strength contains
47% more total antioxidants per dose than
Wellgrove Immune Support.
